

## General information for Club Members

**MISSION: Provide social interaction, friendship, mental stimulation in a caring environment, as well as respite for caregivers.**

- You are welcome to drive under the awning to drop your loved one off. The volunteer assigned to be your loved one's buddy that day will come out to greet you and help the club member in. The same will happen at the end of the day.
- Sunny Day Club operates from 11:00-2:00 every Wednesday.
- Sign your loved in on the "sign in form" located on the resource table. Be sure to sign them out at the end of the day.
- The cost is \$1.00 per week. There is a basket by the "sign in form" for your \$1.00.
- Every club member is to bring their sack lunch. Water or lemonade will be provided.
- Their buddy for the day will greet your loved one and make them welcome. They will take your loved one's lunch, coat, etc. and secure the items in the club member's personal location.
- Each week's schedule is posted on the wipe off board near the tables where the club members eat. If you are interested in what your loved one will be doing for the day, check out the board.
- Our Session has approved, with written permission from the family, that volunteers can transport club members to and from the Sunny Day Club. If you need for a Volunteer to transport your loved one, please write a note that includes:
  - date,
  - your loved one's name,
  - name of person transporting your loved one,
  - where person will be transporting (address from and to), and
  - your signature.
- We have a very extensive set of resources books, videos, games, and activities available for caregivers to check out. Many books are great resources for caregivers and the games, activities CD's and videos appropriate for the person living with Alzheimer's/dementia. Please take time to research the yellow cart to see what is available and check out what is of interest for you and your loved one and the table with the games, activities, CD's and videos.
- The resource table is filled with free resources for all caregivers. Please take any resource that is of interest to you. We continually update resources for caregivers, so check it regularly.
- Between the yellow cart and resource table, if you do not find information you are looking for, please speak with Joyce Wisby and she will do what she can to obtain that information.
- Periodically we receive resources for club members and caregivers. They will be marked "free". Please take anything of interest to you.
- All club members must be able to take care of their personal needs, toileting, eating and drinking. We do accompany all club members to the bathroom. The buddy and another volunteer will take your loved one to the bathroom and remain with them until they are finished.
- BPC SDC operates on the Metro/Davidson County School inclement weather policy. If the schools are closed, we are closed. If they open 2 hours late, we open at our regular schedule. Call 615-662-3626 with questions.
- Bellevue Presbyterian Church has a disaster plan in place. In case of fire/smoke, tornado, chemical spill, flood, or any other disaster, we will go to a designated safe place in the church until we receive an all clear from the church staff. Your loved one will be safe.